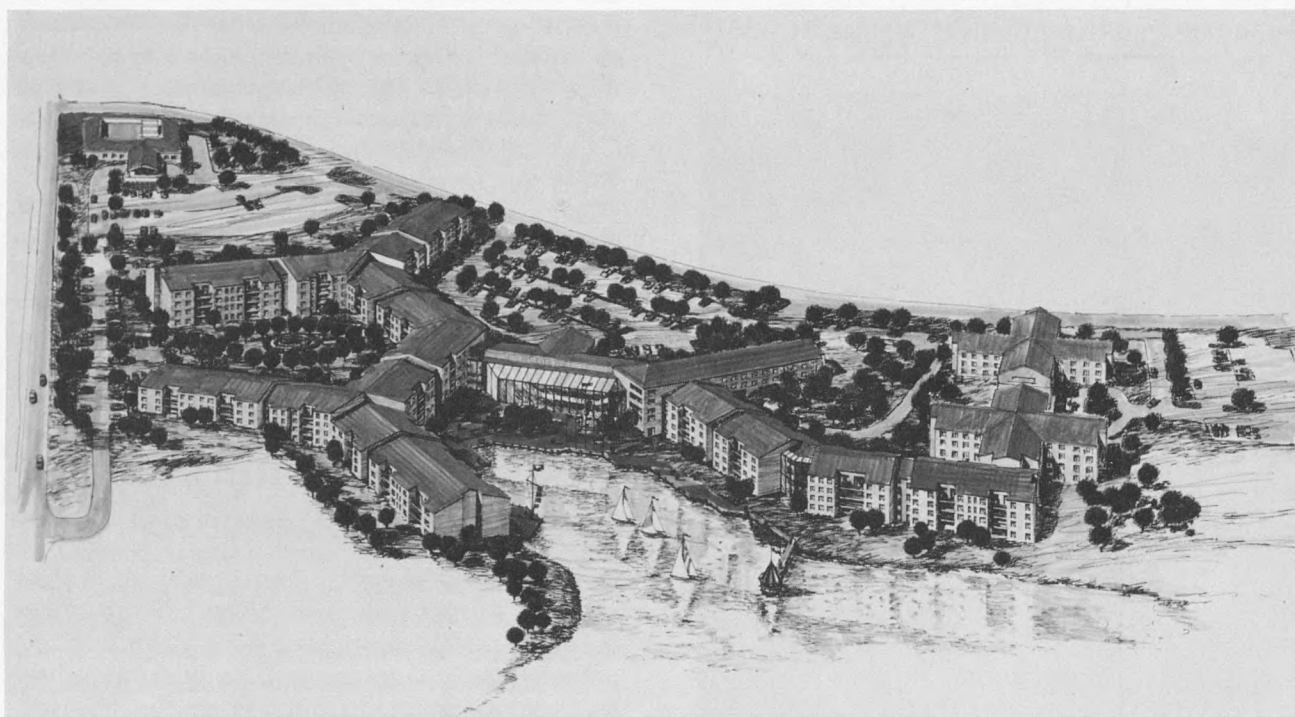


# Bulletin <sup>Barnes</sup>

Barnes Hospital, St. Louis, Mo.  
August, 1986, Vol. 40, No. 8



Barnes' skilled nursing facility (back, right) will be part of Chesterfield Village, a unique retirement center featuring independent and assisted living in addition to skilled care.

## Barnes receives approval for skilled nursing home

Construction of a 240-bed skilled nursing facility by Barnes Hospital was approved in June by the Missouri Health Facilities Review Committee. The nursing facility will be a highly skilled center offering equipment, technology, staff and expertise for the care of patients with extraordinary needs.

"We're delighted that the review committee recognized the need for the type of skilled nursing facility Barnes can provide in our community," said Max Poll, Barnes president. "There is a shortage today of quality nursing home beds and a dire need for this type of care for patients whose illnesses require extraordinary attention. We're proud that we will be allowed to fill this gap, and we will do so at a charge which is affordable."

Barnes alone currently discharges approximately 40 patients each month to area skilled nursing facilities. Yet, from February 15 to May 31, 1986, 1,079 patient days were used by patients unable to be discharged because of the unavailability of a nursing home bed. Many patients are refused admission to other care facilities because some conventional nursing homes cannot adequately care for patients who require the extra services that Barnes' skilled nursing facility will provide, such as care for persons with total body casts, certain neurological problems, Alzheimer's disease and those dependent upon ventilators.

"This highly skilled nursing facility will enable us to better ensure continuity of quality care," added Mr. Poll. "Placing patients in need of specialized nursing care in existing long-term facilities is often difficult because of the severe illness of many patients who come to Barnes for treatment. Barnes' skilled nursing facility

will be an extension of the specialty services at the hospital, providing the high quality of care synonymous with Barnes, in a long-term setting."

Barnes' skilled nursing facility will be part of Chesterfield Village, a unique concept in retirement living consisting of 1,000 residential units, including garden duplex housing, assisted living apartments and the skilled nursing facility. The site is less than one mile from the U.S. 40/Clarkson Road junction in Chesterfield, Missouri.

Population trends indicate a need for skilled nursing home beds in the Chesterfield area. The population of Chesterfield is projected to increase more than 50 percent by 1989, with the over-65 population expected to increase 140 percent.

Construction of the nursing facility at Chesterfield Village will begin in January, 1987. Barnes expects to accept its first patients in January, 1988. The projected cost, which includes the purchase of nine acres, totals \$11,735,000.

## Physician survey rates Barnes doctors tops

Who does a doctor visit when illness strikes? A recent survey of area doctors published in the July issue of *St. Louis* magazine revealed that doctors in need of medical care overwhelmingly turn to Barnes medical staffers as experts in their fields.

Three hundred local doctors polled by the magazine gave 42 of their colleagues the highest recommendation by saying they would choose them for their own health needs. Of the 42 cited in 13 specialty areas, 27 are on the Barnes medical staff. Barnes doctors were dominant in the specialty areas of cardiology, ophthalmology, obstetrics/gynecology, pulmonary medicine, oncology, neurology, cardiac surgery and plastic surgery. In the areas of rheumatology, internal medicine and pediatrics, every doctor listed is on the Barnes medical staff.

## Home Health expands service to St. Charles

Barnes Home Health recently announced the expansion of its service area from St. Louis City and County into St. Charles (MO) County, and named Dr. Owen Kantor as new medical director, replacing Dr. Betty Carlin who recently retired.

Celebrating its second anniversary next month, Home Health has grown rapidly from five employees in 1984 to a staff of 67 employees and 24 therapists in 1986, and from 696 to nearly 4,000 home visits monthly.

Barnes Home Health, a Medicare-certified agency, is associated with Irene Walter Johnson Institute of Rehabilitation and provides treatment for homebound patients in need of intermittent nursing care or personal care services; physical, occupational or speech therapy, or nutrition and social services. It also specializes in burn, hospice, respiratory and ostomy care, Parkinson's disease treatment and intravenous therapy.

## Warehouse purchase eases space limitations

The July 3 purchase by Barnes of the Tom Boy, Inc., warehouse near the Clayton/Boyle intersection has increased options for future planning of new and expanded services, says hospital vice-president John Finan. The building, which sits on a 10-acre site in the Central West End's industrial area, contains 233,000 square feet of space, including 21,000 square feet in a two-story office area. Barnes takes possession of the property September 1, 1986.

Plans for the acquired area call for the consolidation of some existing warehouse functions and the relocation of a 44,000-square-foot laundry department presently occupying space on the ground floor of Barnes' main hospital complex. Studies are underway to determine the best use of remaining warehouse and office space.

Long in need of additional space and renovated facilities, Barnes laundry is one of the largest laundry facilities in the St. Louis area, employing 50 persons who, in 1985, processed 8.46 million pounds of linen.

The main hospital complex consists of 1.8 million square feet of space that essentially is fully occupied, says Mr. Finan. "Barnes is committed to continue expansion of outpatient programs and services to offer the best medical care and treatment available to our patients and the community. As more space is needed to accommodate these programs, the warehouse will allow us to address increasing demands for space with greater flexibility, freeing up areas to centralize expanded outpatient facilities in the main Barnes complex."

Barnes obtained approval to purchase the warehouse through a certificate of need acquired from the Missouri Health Facilities Review Committee last May.

**Front cover:** Junior volunteers can get a glimpse of a future healthcare career during summer vacation. Barnes serves as the site of such a learning experience for more than 70 area teenagers. (See centerspread, pages 4 and 5.)



## Interferon: Hope for hepatitis-B patients?

Patients who suffer from chronic hepatitis-B may have new hope for effective treatment, according to studies led by Barnes gastroenterologist Dr. Robert P. Perrillo. Dr. Perrillo and his associates at St. Louis Veterans Administration Medical Center have over the last four years developed a promising therapy which combines anti-inflammatory medications with the anti-viral agent interferon. The study is expected to be expanded to ten medical centers across the nation, including Massachusetts General Hospital, National Institutes of Health and University of California at Los Angeles, this fall.

Hepatitis-B is a viral infection of the liver with no conventional treatment. While the virus itself does not kill healthy liver cells, it invades the body by taking over the nucleus of a cell and making copies of itself, or replicating. Hepatitis-B resides in the liver and can lead to serious liver damage as the body's own immune system attacks both the virus and the surrounding liver tissue. Although 90 percent of hepatitis-B patients recover within two to three months, a disturbing 10 percent, or one million people in the United States and 200 million worldwide, become chronic carriers who never fully rid themselves of the virus.

Dr. Perrillo's studies have focused on these carrier patients who exhibit chronic liver inflammation and a high virus count more than six months after infection, patients likely to develop cirrhosis and liver failure. Such carriers also face a 200-fold greater chance of developing primary liver cancer, since the virus acts as a co-carcinogen. To date, the only alternative for chronic hepatitis-B carriers has been a long period of watchful waiting or a long-term course of corticosteroids which were ultimately counterproductive. Hepatitis-B is usually contracted by contact with a contaminated surface, such as a dirty needle, through a break in the skin or by contact with the body fluids of an infected person. It is three to four times more common in men than in women.

Like many viruses, hepatitis-B has eluded effective treatment. In the past, corticosteroids have been used to suppress inflammation, but the effects were unpredictable and carried long-term health risks, including the development of diabetes, cataracts and high blood pressure. In addition, suppressing the immune system response led to increased replication of the virus. Therapy with anti-viral drugs alone generally has yielded similar discouraging results.

Such early 1980s studies led Dr. Perrillo and his colleagues to suggest that effective treatment must stimulate the immune system and inhibit viral replication simultaneously. In 1985, the research team developed a treatment program that began with the administration of corticosteroids that tapered from 60 to zero milligrams over a six-week course. After a two-week rest period, the patient began a 90-day course of interferon injected once a day. The response rate of the study, defined as normal liver tests and elimination of replicating virus, was greater than 50 percent. Even more encouraging, say the researchers, is that several patients lost all evidence of hepatitis-B infection.

"Combination therapy is not a new idea," said Dr. Perrillo, "but it is new for viral treatment. It attacks the virus from two directions by augmenting the immune response and inhibiting replication of the virus. I believe combination therapy is probably the treatment of the future for a great number of patients."

To be eligible for the upcoming national clinical trial, prospective participants must offer informed consent and must qualify by undergoing laboratory tests that indicate little change over a six-month period. Patients exhibiting jaundice or other signs of advanced liver disease would not qualify because the treatment could have adverse effects for these patients. Participants are seen every two weeks throughout the study and periodically thereafter. All treatment is free of charge to participants. For more information, call Carol Bodicky, RN, at (314) 652-4100.



*"Acting as a Barnes Ambassador is something I believe I've always done," says Lois Vahle, who visits persons from her church hospitalized at Barnes.*

## Ambassadors program rolls out red carpet

"A smile from a visitor after giving directions or a thank you from a patient or family member is what being an Ambassador is all about," says Shirley Blake, pharmacy technician. "In a sense, every employee is an Ambassador."

Shirley is one of 12 Barnes employees, Auxiliaries and volunteers taking an active role in rolling out the red carpet for patients and visitors through the Ambassadors program. The program seeks to provide a more personal relationship between specially trained volunteers and community members who share a common affiliation, such as a church or fraternal organization.

A Barnes Ambassador visits hospitalized patients early in their stays at the patient's request, and serves as a guide to all other services. Familiar and comfortable with the Barnes environment, the Ambassador offers a link to the hospital that is not associated with direct patient care. They provide useful information, facilitate access to hospital services and are eager to lend a willing hand to help resolve concerns.

"Being an Ambassador is something I feel I've always done," says Lois Vahle, education and training instructor who has been at Barnes for 35 years and serves as Ambassador to two church groups. "I believe in Barnes Hospital and I want my acquaintances to come here. Barnes does not seem big to me, but I can understand how it might appear to others. I want people to feel comfortable and know that Barnes is a friendly place."

Mary Cook, R.N., feels that she, too, has always been a good will Ambassador. A neurology nurse, she reaches out to myasthenia gravis patients. "My fulfillment in the Ambassadors program is having a personal hand in helping pa-

tients feel completely at ease. I become a friend, someone in whom they can confide."

The success of the current pilot program, which got underway in March, has led to an expansion of the program. In September, enrollment and special training will be offered to approximately 15 new Ambassadors. Guidelines for selection include length of service, work performance and personal enthusiasm, according to Bob Deen, Barnes vice-president who initiated the program. "I'm pleased with the success of the pilot program. These individuals have brought a great deal of energy, compassion and dedication to Barnes patients."

"This has been such a rewarding experience," relates laboratory receptionist Viola Gentry. "I thank God that I have been able to share in the little things that often are considered trivial matters, but that are very important at certain times of life. My reward is believing that I may have been of some help at a crucial time in one's life."

## Volunteer Norma Stern receives AHA award

The American Hospital Association (AHA) has selected Barnes volunteer Norma Stern to receive a 1986 Hospital Award for Volunteer Excellence (HAVE) in recognition of outstanding and exemplary contributions to the hospital and the community. Mrs. Stern was one of nine awardees (one from each AHA geographical region) honored at the AHA's annual convention August 4 in Toronto, Ontario.

Mrs. Stern's community involvement and commitment to volunteerism go back more than 25 years through March of Dimes and United Fund activities. She was instrumental, with Barnes burn center social worker Sara Schmeer, in the formation of Dealing with Feelings, a support group for Barnes Hospital burn patients, and Alarms for Life, a program to provide smoke alarms to low-income St. Louis residents.

## Staff gives send-off to BMT patient

For Pearl Scott, the simple sight of red beans and rice marked a longed-for return to normalcy. She had craved the dish, reminiscent of her Baton Rouge, Louisiana, home, during the previous five months she had spent in Barnes' bone marrow transplant center. A June 20 party given by the hospital staff featuring her favorite dish marked victory for Mrs. Scott, who was discharged June 21.

Mrs. Scott, a 33-year-old mother of four, came to Barnes in January to receive a bone marrow transplant to combat leukemia. She was referred to Dr. Geoffrey Herzig, director of Barnes' BMT center.

Although the transplant itself was successful, Mrs. Scott developed graft versus host reaction, a rejection response in which the transplanted bone marrow reacted against Mrs. Scott's own cells. A bout with depression followed and Mrs. Scott lost her appetite and became very weak.

"I guess I might have given up," reflected Mrs. Scott. "My husband had never seen me so depressed and one day, I looked at him and saw how my hopelessness was bringing him down. That was the turning point when I decided I was going to recover."

Bone marrow transplant center nurses can attest to the change in attitude as a dramatic shift, but Mrs. Scott sings praises for the staff, describing Dr. Herzig and the nurses as "wonderful. I'm living proof."



## Book extolls Barnes' teaching hospital role

Barnes Hospital has a tradition of excellence as a teaching hospital dating back to its inception, says Barnes physician-historian Dr. Kenneth M. Ludmerer, author of a new book, *Learning To Heal*, which chronicles the history of medical education and of the teaching hospital in the United States. According to Dr. Ludmerer, Barnes was the second hospital in the country (and the first in a generation since the opening of the Johns Hopkins Hospital in 1889) to be a true teaching hospital and inspired other hospitals across the country to soon follow suit.

Dr. Ludmerer's book offers the first definitive account of the rise of the modern teaching hospital and the crucial role it has played in shaping the medical profession of today. Dr. Ludmerer focuses on the 1910 unions of influential hospitals and medical schools in three cities—including Barnes and Washington University in St. Louis—as a dramatic turning point in the history of teaching hospitals.

Barnes, along with its pediatric counterpart, Children's Hospital, was the westernmost hospital to lead what Dr. Ludmerer calls the "second epoch in American medical education" when it joined with Washington University School of Medicine for the enhancement of both institutions. (The other two unions in 1910 occurred in New York City with the merger of Columbia College of Physicians and Surgeons with Presbyterian Hospital, and in Boston when Harvard Medical School joined Peter Bent Brigham Hospital.)

Dr. Ludmerer notes that the pioneering mergers ran successfully from the start and galvanized similar merger action across the nation. By 1921, every surviving medical school had formed a similar alliance with a teaching hospital, based upon the success of those three pioneering mergers. In forming the unions, the medical schools sought a clinical setting to enhance education and the hospitals aimed to add educational and scientific purposes to their traditional humanitarian goals.

*Learning to Heal*, published by Basic Books, has received widespread critical acclaim and has been nominated for a Pulitzer Prize in history.

## Anesthesia class offered to expectant parents

Whether planning a natural childbirth or a Caesarean delivery, it's important for every expectant parent to understand obstetric anesthesia.

A preanesthesia program is now available free of charge for expectant parents in the third trimester who plan to deliver at Barnes Hospital but are not attending prepared childbirth classes. The one-hour class is available weekdays, from 3 to 4 p.m., in the Barnes Hospital anesthesia office on the third floor. Group size is limited to ten couples.

Obstetrical anesthesia choices range from injected sedatives to paracervical blocks during labor, to spinal, epidural and pudendal blocks and local infiltration during delivery. "Every type of anesthesia carries its own particular benefits and risks," says Dr. W. Patrick Gibson, director of obstetric anesthesiology. "Through these classes, we want to ensure that every couple understands these factors long before labor begins and makes an informed choice. Even parents opting for natural childbirth eventually may choose some form of pain relief."

The preanesthesia program, led by Barnes obstetrical anesthesiologists and fellows, offers a

description of the anesthetic options, procedures, benefits and risks. Audio-visual aids are available and a question-and-answer period to address specific needs will follow.

"Whether obstetric anesthesia is addressed at a one-hour class, or during Barnes' seven-week prepared childbirth class, preanesthesia education is a valuable experience," says Dr. Gibson. "Every couple should know what to expect."

To register for a preanesthesia class, call (314) 362-1194.



*New technology and improved drug therapy to suppress the body's immune system have made more organ transplants possible. Surgeons at Barnes have performed 104 kidney, 33 heart and 20 liver transplants since January, 1985.*

## Surgeon praises area procurement system

The organ procurement and transplantation record in this area recently received strong support and high praise from Dr. Charles B. Anderson, Barnes general surgeon-in-chief who helped pioneer kidney transplantation in St. Louis. The national transplant program came under fire by the federal department of Health and Human Services (HHS) in July following an eight-month investigation, according to a copyright story by the Pittsburgh Press Co.

In the article, HHS inspector general Richard Kusserow said the investigation revealed a 'disorganized' system and found some doctors unduly profiting by pushing high-paying foreign clientele to the top of waiting lists, keeping patients on dialysis and taking advantage of the system.

"I can't comment on what may or may not have happened on the East or West Coasts, but charges of a so-called 'chaotic' system are not true here," said Dr. Anderson. "For more than 10 years, Barnes Hospital has had a systematic plan for sharing organs in St. Louis and with other U.S. cities. I strongly disagree with the generalization attributed to Richard Kusserow that the system is disorganized. In St. Louis, it is very organized and I think it is important that donor families know this. Any organ donated in this area and not used is rejected because of adverse medical findings apparent only after organ retrieval—and this does not happen very often."

Dr. Anderson also emphasized that the presently accepted medical standard in the U.S. is

that kidneys must be transplanted within 48 to 72 hours of retrieval. "This time constraint is in the best interest of the recipient. Knowledgeable transplant surgeons agree that we would likely have had results if we use kidneys that are too old. We owe it to our patients to give them the best possible chance of success."

Since implementation of Barnes' kidney transplant program in 1963, 671 cadaver or living related transplants have been performed; transplants between living non-related donors also are proving successful with new techniques to prevent rejection. Of 80 kidneys retrieved since January, 1985, 55 were transplanted here, 19 were shared with other centers and six were discarded because of donor infection or other medical problems that prohibited their use. In the same time period, 14 kidneys were received from other centers, 11 of which were transplanted here. One was sent to another center and two were shipped overseas through a center of last resort in Richmond, Virginia, that first seeks U.S. recipients then makes a decision to send out of the country.

Barnes is mid-America's leading comprehensive organ transplantation center, offering the full range of transplants, including vital organs, corneas, long bones and bone marrow. Barnes was among the first hospitals in the U.S. to offer kidney transplantation when the service began in 1963. Liver and heart transplants began in 1985.

## Gobberdiel, Rosche cited for achievement

Linda Gobberdiel, associate director of food and nutrition, and Mary Ellen Rosche, associate director of the laboratories, have been accepted into two programs which recognize outstanding achievement by professional women. Ms. Gobberdiel has been accepted into the local Women in Leadership program and Ms. Rosche has been named to the national Outstanding Young Women of America program.

Women in Leadership, conducted by the Coro Foundation and sponsored by the Junior League of St. Louis, is a public affairs training program which seeks to increase the number of women active in leadership roles by better preparing them for career advancement and for active participation in community issues and projects. Ms. Gobberdiel was elected to the program on the basis of her extensive community involvement and commitment to her profession. She is one of 24 women who will participate in the training program during 1986.

Ms. Gobberdiel joined the Barnes staff in 1978 as a clinical staff dietitian. She was named clinical unit manager in 1981 and associate director in 1982. Ms. Gobberdiel holds a bachelor of science degree in medical dietetics from the University of Missouri and a master of arts in management from Webster University.

The Outstanding Young Women of America program seeks to encourage young women to pursue cultural, civic and professional achievement and to assume leadership roles on local, state and national levels. Ms. Rosche was nominated on the basis of her career achievements and professional promise.

Ms. Rosche came to Barnes from The Johns Hopkins Hospital as chief technologist in the blood bank in 1983. She was named associate director of the laboratories in 1984. Ms. Rosche holds a B.S. in medical technology from Towson State College and a master's degree in business administration from Loyola University in Baltimore.



# Junior V



Registered nurse Linda Langebartels, a former junior volunteer, sees herself in many of the teens who want to pursue a nursing career.

The teen years can be a time of great expectations and excitement when adolescents growing into young adulthood take the first steps toward preparation for the future. That preparation might involve selecting school courses relevant to career interests, attaining a part-time job to earn and save money, or taking part in a variety of activities to discover which are most rewarding.

Each summer, a number of area young adults seek work experience at Barnes Hospital through the junior volunteer program, which exposes them to the everyday activities of a major teaching hospital. The program is a mutually beneficial one which offers busy hospital departments extra help, and which provides the young volunteers with valuable experience. Junior volunteers lend that extra helping hand throughout the hospital, including admitting, dispatch, medical records, radiology, recovery, home health, outpatient surgery and nursing.

Linda Langebartels, a Barnes registered nurse, has to smile when she sees the familiar red-and-white-striped jumpers so highly visible during the summer months. She remembers her own experiences as a junior volunteer more than eight years ago.

"I always knew in my heart that I wanted to be a nurse," says Miss Langebartels. "And as soon as I was old enough, I volunteered at a hospital to learn more about what I already knew would become my career."

Miss Langebartels volunteered two to three afternoons a week at an area hospital during her freshman and sophomore years of high school. She started out in the snack bar and gift shop, eventually working into the patient contact areas of dispatch and nursing.

"A junior volunteer had to earn some seniority before becoming involved in patient care activities because everyone wanted to work with patients," she remembers. "I was eager to persevere and am glad I did. I felt very lucky when I entered nursing school. I had already been exposed to some of the more sobering aspects of nursing such as dressing changes, tube feedings and the sight of an open wound. Unfortunately, some of my classmates discovered that the nitty-gritty of nursing was not for them after they had already entered school."

Miss Langebartels is a 1982 graduate of Barnes Hospital School of Nursing, a three-year diploma program offering clinical experience at Barnes. Steve Turner, director of admissions there, says he is always happy to see hospital volunteer activities listed on student applications. "That really indicates to me a genuine interest in nursing, coupled with at least some very basic hospital exposure. It's quite encouraging to see that prospective students have already taken the initiative in gaining some healthcare exposure and especially heartening



Kerry Markland checks patient room numbers on the computer terminal as she prepares to deliver mail.



Debbie Osterman enjoys spending time with Barnes patients.



# Volunteers

to see young persons developing an early interest in nursing in light of the upcoming nursing shortage projected in the next few years."

Of 75 junior volunteers at Barnes this summer, 34 are donating their time on nursing divisions. Most say they choose nursing areas to be with patients and because they want to learn about what nurses do.

Amy Baer, 15, is volunteering for her second year. "I've been thinking that nursing is what I may want to do for a career. Volunteering at Barnes is giving me first-hand experience watching nurses in action and learning about what may someday become my own responsibility. I have a lot of respect for the nursing staff and appreciate their helpfulness."

Fifteen-year-old Debbie Osterman also is in her second year of volunteering and works on nursing divisions two days each week. Debbie performs many useful services to assist the nursing staff, such as making beds, passing out water pitchers, distributing mail, answering the telephone and collating charts, but her favorite activity is spending time with the patients.

"I have met some very special people," says Debbie. "Some patients feel lonely and look forward to having someone to talk to. I enjoy visiting them and helping out by taking care of some of the little things, such as reading mail for them, setting up their cards, filling water pitchers or just listening."

"The return of the junior volunteers is always a bright spot in the volunteer program," says

director Mary Johnson. "They bring with them a freshness and enthusiasm that only teenagers can hold. Many of our juniors return summer after summer and it's truly exciting to watch—and be a part of—their growth and maturity over the years."

Learning responsibility, meeting new people and gaining practical experience are high on the list of what junior volunteers value during their summer hours at Barnes. And some, like former junior volunteer Linda Langebartels, may someday look back upon their experiences here as the first step on the path to a rewarding career.



Volunteers such as Carla Deboe assist the nursing staff by distributing mail, passing water pitchers and taking patients extra bed linens.



The courtesy cart, manned by cheerful junior volunteers, is a bright spot of the day for many bedridden patients.



such as Arlene Zolock.



The junior volunteer training orientation prepared Sheri Schaeffer to assist on the nursing divisions.



## Media spotlight

As a national leader in patient care and medical research, Barnes serves as an information resource center. To date in 1986, more than 1,200 queries from broadcast and print media representatives have been made to the public relations department requesting that Barnes medical and professional staff explain current health care concerns and discoveries. Highlights of the media's coverage of Barnes during the last month include:

**Sleep apnea**, a potentially life threatening sleep disorder, was explained by otolaryngologists Drs. **Stanley E. Thawley** and **Donald G. Sessions**, in a story in the *Belleville News-Democrat* June 10. The condition, in which an obstruction causes breathing to stop periodically during sleep, can be correctly surgically.

Dr. **James M. Corry**, a pediatrician and allergist, was interviewed on KTVI-TV June 19 about **seasonal allergic reactions** to pollen. Dr. Corry said people with known allergies to pollen should take prescribed medications before symptoms appear.

Approval by the Food and Drug Administration to use **interferon** to treat "hairy cell" leukemia was explained by Dr. **Jay M. Marion**, oncologist, in a story in the *St. Louis Globe-Democrat* June 21. Dr. Marion said the rare disease has responded to interferon treatment in some patients.

Dr. **M. Wayne Flye**, head of the liver transplant program, was interviewed for a **documentary on organ transplantation** on WBGZ Radio, Alton, Illinois, June 22. Dr. Flye also was interviewed June 28 by the *St. Louis Post-Dispatch* during a party at Children's Hospital for three children who had received transplants at Barnes and were being post-operatively evaluated.

**Helmets help prevent head injuries** in bicyclists, Dr. **Selwyn Picker**, a neurosurgeon, said during a special consumer segment on KSDK-TV June 25.

Listeners of WILY Radio in Centralia, Illinois, heard Dr. **Donald A. Skor**, an endocrinologist, June 26. Dr. Skor answered calls from listeners about **diabetes** during a special program.

**Tips for coping with summer heat** were offered by Drs. **Jim Shuffield** on June 28 and **Bob Kaplan** June 29, both of the emergency department, on KMOV-TV. Drink plenty of fluids, not including alcohol, as a first defense against heat, the doctors said.

### Barnes Bulletin

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**BARNES  
HOSPITAL**

AT WASHINGTON UNIVERSITY MEDICAL CENTER

## Doctors invited to Rx for effective media

Barnes doctors, along with doctors associated with the other institutions of Washington University Medical Center, are invited to a free half-day seminar August 13 titled "Rx for effective media appearances."

Two half-day segments, each including a practicum, are scheduled, one beginning at 8:30 a.m. and the second at 1 p.m. Participants may choose the most convenient. Gary Whiteaker, a former news reporter for KTVI, Channel 2, will conduct the seminars, which will include guidelines on delivery, conciseness and appearance, as well as pointers on how to avoid being quoted out of context and how to assure the main message gets across. Opportunities to practice TV interviews with follow-up critique will be highlighted.

The seminars are being underwritten by Washington University Medical Center and being presented by the public relations departments of the various sponsoring institutions. Barnes doctors are invited to call the Barnes public relations department to make reservations or to obtain further information, 362-5290.

## Employee retirements

Three employees retired last month with a combined total of 75 years of service to Barnes. Iris Franks, housekeeping; Gladys Parks, food and nutrition, and Tom Zinser, patient accounts, each received certificates of appreciation from Barnes president Max Poll during retirement gatherings in their honor.

Mrs. Franks joined the Barnes staff in 1955 as a nurse assistant on division 1418 in the original Barnes building. She worked on several nursing divisions throughout her career until transferring to the housekeeping department in early 1985. "My only retirement plan right now," commented Mrs. Franks, "is relaxation." Eventually, she may visit her sons who are stationed in England and California with the Air Force.



Mrs. Parks is a 21-year Barnes veteran who also began her career as a nurse assistant before transferring to the department of food and nutrition as a dietary worker in 1984. Mrs. Parks says she is looking forward to fishing, traveling and spending time with her seven children and 15 grandchildren.



Mr. Zinser, patient accounts assistant manager, joined the Barnes staff in 1964 and is known for his dedication to the hospital and his willingness to assist patients and staff members. "Many of the patients I've met over the years have become friends," he said. Despite his retirement, Mr. Zinser plans to keep busy with antique refinishing and his wooden toy business. He and his wife, Helen, intend to continue their extensive travels with a trip to Canada in the fall.



## Hospital notes

The following doctors are reported on staff: Drs. **Erol Amon**, **Cathleen Rae Faris**, **Michael J. Paul** and **Giuliana S. Songster**, assistant obstetrician/gynecologists; Drs. **David Ban**, **Charlene Gottlieb** and **Thomas Stokes**, assistant physicians; Dr. **Gwen Mazoujian**, assistant pathologist; Dr. **Gary D. Paige**, assistant ophthalmologist; Dr. **Marc H. Schieber**, assistant neurologist, and Dr. **Jerold W. Wallis**, assistant radiologist.

Medical educators from throughout the U.S. presented a day-long symposium on the future of graduate medical education June 17 to honor Dr. **Virginia V. Weldon**, chairman of the Association of American Medical Colleges (AAMC). Dr. Weldon, a Barnes pediatrician, vice-president of WU Medical Center and vice-chancellor of WU Medical School, was elected to the AAMC office last year and is the first woman chosen to lead the association in its 109-year history.

The American College of Surgeons has awarded a Smith Kline & French Fellowship to Dr. **Douglas W. Hanto**, general surgeon. During the two-year fellowship, Dr. Hanto will conduct research on the prevention and treatment of human allograft rejection.

Dr. **Ronald G. Evens**, Barnes radiologist-in-chief and director of Mallinckrodt Institute of Radiology, has been reelected treasurer of the American Roentgen Ray Society. Dr. Evens also is president and chief executive officer of Children's Hospital.

**Rosemarie T. Dunn**, a Barnes vice-president, has been selected to receive an Alumni Merit Award from St. Louis University and will be honored at the Founders Week Civic Dinner in October. Mrs. Dunn, who joined the hospital staff in 1974 as director of medical records, also was recently recognized by the Missouri Medical Record Association with a Distinguished Member Award.

Articles by Barnes ophthalmologist Dr. **Harry L. S. Knopf** will appear in upcoming issues of *Annals of Ophthalmology* and *Journal of Ocular Therapy and Surgery*.

Dr. **Edward M. Geltman**, medical director of Barnes' cardiac diagnostic laboratory, has been named president-elect of the St. Louis chapter of the American Heart Association.

Dr. **J. Regan Thomas**, otolaryngologist, is one of 40 outstanding American professionals named to the W. K. Kellogg Foundation's national fellowship program. The Kellogg program provides each fellow with a three-year grant that funds a professionally broadening study project outside the fellow's field of expertise.

Dr. **George M. Bohigian** was reelected to the Council on Scientific Affairs at the American Medical Association annual meeting in June. Dr. Bohigian also represented the AMA as a judge for the 37th International Science and Engineering Fair last May.

Dr. **Jack Hartstein**, ophthalmologist, served as co-chairman of the annual meeting of the ophthalmology department of Hadassah Hospital in Jerusalem, Israel, in June.

**Mary Ellen Rosche**, associate director of the laboratories, has been named president-elect of the Clinical Laboratory Management Association for 1986.



Gifts to Barnes Hospital Funds

Listed below are the names of persons (honorees in boldface) who have made contributions during the period June 1 through June 30 to the funds at Barnes Hospital. Because Barnes is a private hospital and does not receive public funds, it relies on the gifts of individuals to continue providing quality patient care and to support research aimed at improving the lives of patients.

Auxiliary Tribute Fund

<b>IN MEMORY OF:</b> <b>Terrye Mathis Balin</b> Juanita Huie Fuller	<b>Daughter, Theta</b> Mrs. Larry Tucker
<b>Ray E. Bolin</b> M/M Ernest Trova	<b>IN HONOR OF:</b> <b>Recovery of Edward J. Schnuck</b> M/M M. R. Chambers
<b>Allen J. Grommet</b> M/M John Foster	<b>50th Wedding Anniversary of</b> <b>M/M Sheldon H. Stock</b> M/M Charles Eyermann
<b>S. A. Ladd</b> M/M Spencer Allen	<b>Birthday of Ginny Ruzicka</b> Eleanor Potter
<b>Buddye Mathis</b> Juanita Huie Fuller	<b>IN APPRECIATION:</b> M/M George H. Curtis, Jr.
<b>Dalton Metcalf</b> D/M Edmund B. Alvis	

Barnes Hospital School of Nursing Faculty Scholarship

<b>IN MEMORY OF:</b> <b>Mildred Cox</b> Mary Jane Meyer School of Nursing Faculty	<b>Weber Barmann</b> Steve Turner Bill Mayhan
<b>Elizabeth Stevenson</b> Steve Turner	<b>GIFTS:</b> C. Leon Cecil Mavis J. Hertell School of Nursing Faculty
<b>Mildred Young</b> Steve Turner	

Diabetes Mellitus

Marcella R. Heuermann

Loeb Cancer Equipment Fund

**IN REMEMBRANCE OF:**  
**Mother of Mrs. Charles Morgan**  
Suzanne F. Lasky

Heart Transplant Research

<b>IN MEMORY OF:</b> <b>Charles Hepler</b> Accurate Insurance Agency Dorothy M. Bolbecher Hepler Family M/M Wallace Randall	St. Charles Golf Course Henry Vogt
	<b>Michael McGee</b> M/M Robert McGee

SHARE Tribute

<b>IN MEMORY OF:</b> <b>Leah Drifon</b> Alan and Lana Boime	<b>Gene and Audrey Lenharth</b> <b>40th Wedding Anniversary</b> Veta and Lew Takach
<b>Helen Hudis</b> Shirley and Carl Boime Joyce Podolsky	<b>Shari Mock, Speedy Recovery</b> Lois and Dick Ebel
<b>Betty Schneider</b> Joyce and Mirchell Podolsky	<b>Evelyn Silverstein, Good Health</b> Roberta and Dan Stolz
<b>IN HONOR OF:</b> <b>Elizabeth Diehl, M.D., Medical School Graduation</b> Greening Family	<b>Aileen and Lyle Woodcock</b> <b>Your Loving Care</b> Lorri Palmer
<b>Mr. and Mrs. Gene Greening</b> <b>49th Wedding Anniversary</b> Greening Family	

Barnes Cancer Fund

<b>IN MEMORY OF:</b> <b>Al Andruska</b> Jeanne Marie Rheinecker	<b>Sharon Meadlo</b> Marcella Evrard Robert, Mickey and Bob Gourdouze M/M Oran F. Higgs Bette J. Jones M/M Donald Kuykendall M/M Dan H. Pesavento Mike and Joe Rendaci M/M Charles A. Shew M/M Eldon Shew M/M Cleo A. Starkey M/M Alfred F. Thralls
<b>Ida Beisner</b> Melva Haberstroh	
<b>Marian Kasper</b> Employees of National Personnel Records Center	
<b>The Mother of Edmund M. Korrinhizer</b> Edmund M. Korrinhizer	
<b>Fred Spears</b> The Fred Spears Family	

Jonathan Adam Jonas Cancer Research Fund

<b>IN TRIBUTE TO:</b> <b>21st Birthday of Jonathan Adam Jonas</b> His parents and brothers	<b>50th Anniversary of Gertrude and Alfred Besunder</b> M/M Buddy Moskowitz
<b>IN MEMORY OF:</b> <b>Jenine Brinkmeyer</b> M/M Jerry Lerner	<b>25th Anniversary of Stephen and Debra Jonas</b> M/M Bruce Vittert Ida Rose
<b>Pearl Dankner</b> M/M Larry Trochtenberg	<b>Graduation of Jeff Melnick</b> M/M Don Rubin
<b>Mother of M/M Bob Glorsky</b> M/M Larry Trochtenberg	<b>Graduation of Margie Morris</b> M/M Bruce Vittert
<b>Mrs. Goodman</b> M/M David Henschel	<b>Graduation of Lanie Rubin</b> M/M Bob Suffian
<b>Sid Salomon, Jr.</b> M/M David Henschel	<b>Confirmation of Mark Rubin</b> M/M Bob Suffian
<b>Father of Edgar Wolff</b> M/M Bob Platzer	<b>Graduation of Marci Shaikun</b> M/M Don Rubin
<b>IN HONOR OF:</b> <b>Graduation of Keith Berman</b> M/M Don Rubin	<b>TRIBUTE CARD GIFTS</b> Barbara J. Morris

Lynn Kohane Schukar Memorial

<b>IN MEMORY OF:</b> <b>Lynn Kohane Schukar</b> Mrs. A. H. Goodman Louis Schukar Mrs. Samuel Schukar Florence Sloman	<b>Samuel Schukar</b> Nikki S. Berman
<b>Birthday of Lynn Kohane Schukar</b> Nikki S. Berman	<b>IN HONOR OF:</b> <b>Birthday of Amelie Koppel</b> Florence Sloman
	<b>Louis M. Schukar-Father's Day</b> Nikki S. Berman

Patient Care

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	<b>IN MEMORY OF:</b> <b>Mother of Dr. William Campbell</b> Staff of 6300
	<b>Richard Newberry</b> Juanita H. Fuller

Bone Marrow Transplant Unit

**IN MEMORY OF:**  
**Michael W. Moore**  
Ladimir J. Aubrecht, Sr.  
Ladimir J. Aubrecht, Jr.

**Tom Reese**  
M/M Kenny J. Winschel

Loeb Cancer Research Fund

**IN HONOR OF:**  
**Recovery of Virgil Loeb, Jr., M.D.**  
Mrs. Harold Koplar

Annual Fund

Carl W. Adams Charleenes W. Alsop Joseph Anselmo R. K. Barham Marguerite Bartok Eleanor L. Begley D/M Isaac Boniuk M/M Clarence Budde Ruth Burris M/M William T. Byrd M/M James E. Cahill Yau Kam Tam Chu Lawrence E. Chura M/M Thoeodore Dworzynski M/M Charles W. Good W. Ashley Gray, Jr. Mary S. Gross Clarine Hamilton Freda Hancock Mathilda Haselhorst Steve Hecinski Sholom Hendin Ozoneva Hite C. D. Hoffman Louvenia Hunt Donald Hutchings Mary C. Johnson Arethia King Regina Klein Aimee L. Knaup Virginia E. Koehler William C. Kull Maude P. Lannan Walter Malachowski Raymond F. McCormick	M/M Artie McClard M/M William B. McMillan, Jr. Edward Meier Co./Ret. William J. Merlo Henry Mezyk M/M Charles L. Neely, Jr. Loretta Novack M/M Kendall L. Puckett Karl Reed M/M William Reschke M/M Robert T. Ringhoff Lawrence Rogaliner Wallace W. Roller Norma Jean Rupe M/M Russell F. Scheufele Sandra Schlosser M/M Alfred Seele Lester Smissman F and B Spielberg Foundation Robert J. Steffe M/M Thomas Stidham M/M C. C. Wooten M/M Fordyce M. Yantis
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	<b>IN MEMORY OF:</b> <b>Esther Flance</b> D/M Theo Haimann
	<b>Andrew F. Gazdik</b> Margaret L. Gazdik

Hospice Program

<b>IN MEMORY OF:</b> <b>Anna Agris</b> Ida Mae Finger	<b>Rose Marine Transportation</b> M/M Mark Schatz William F. Schlick Family Merle Schneider Dorothy Schnurman Janet Seiler M/M Stephen A. Singer M/M Warren L. Smull James Spitzfaden Margaret Spitzfaden Rock Road Branch St. Louis County Library M/M Jerry Voss Wentzville High School Faculty Wentzville R-IV School District M/M Gary P. Werner M/M Joseph F. Willenbrock M/M Ronald J. Williams
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<b>Heart Transplant Patient Care</b>	
<b>IN MEMORY OF:</b> <b>Allen J. Grommet</b> Randy English M. C. Gnaegy Chuck Loeffel Don McGeehan Hal Prow Walter Schatz	<b>IN HONOR OF:</b> <b>Recovery of Rick Fendell</b> M/M Julian Jablonow
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<b>Scott Jablonow Endowment</b>	<b>Recovery of Eliot Stein</b> M/M Julian Jablonow
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<b>Nettie Jablonow</b> Bounds, Poger and O'Donnell Betty Glenn Hope Komm Shirley Levine M/M Allen Portnoy Evelyn Shapiro	
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Cheerful "Ask Me" buttons identify volunteers providing a new greeter/escort service at Barnes Hospital. The service is designed to provide hospital visitors with a friendly greeting, directions to their destinations, and an escort if necessary. "Ask Me" volunteers are stationed near the main East/West Pavilion lobby information desk on weekday mornings.



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